# Student Concerns and Referrals

<table>
<thead>
<tr>
<th>Concern</th>
<th>Examples</th>
<th>UBC Okanagan Resources</th>
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| **Academic Stress & Managing Online Learning** | • Stress management  
• Struggling with asynchronous course delivery  
• Managing the volume of reading and assignments  
• Struggling engaging with classes when in different time zones  
• Looking for support with assignments/academic writing  
• Student requests/requires exam accommodations due to disability (as defined by UBC's policy) | • Online Learning Coaches  
• Learning Strategist  
• Math & Science Tutoring  
• Supplemental Learning  
• Writing & Language Tutoring  
• Teaching Assistants (TAs)  
• Learning Strategist  
• Health & Wellness  
• Disability Resource Center |
| **Technical Issues & Questions** | • Having trouble learning all the new online platforms  
• Connectivity and software issues  
• Unsure of tech requirements for exams | • Peer Technology Assistant  
• Keep Learning Website |
| **International Student Access** | • Study permit questions  
• Permanent Residency implications  
• International student community connection  
• Time zone challenges | • International Student Resources  
• Health & Wellness  
• Student Assistance Program |
| **Campus Experience & Connection** | • Seeking campus connections  
• Looking for ways to get involved  
• Connecting with peers  
• Missing studying with their peers  
• Concerned about finding work/ research opportunities | • Peer Mentor Program (New to UBC Students)  
• Clubs  
• Course Unions  
• Get Involved  
• UBCO Recreation  
• Career & Experience  
• Co-op Office |